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# The Four Stages of Proof-of-Work Cycles: A Thermodynamic and Economic Analysis Analogous to a Carnot Engine, with Kaspa as a Central Case Study

#### **Executive Summary**

This report introduces a novel conceptual framework that likens the cyclical patterns observed in Proof-of-Work (PoW) cryptocurrency markets to the four stages of a Carnot engine, with a particular focus on Kaspa (KAS) as a leading example of PoW innovation.<sup>1</sup> The Carnot engine, an idealized thermodynamic model, serves as a benchmark for maximum efficiency in converting heat to work.<sup>1</sup> By mapping market dynamics to thermodynamic principles, this analysis aims to provide a deeper, nuanced understanding of PoW systems.<sup>1</sup>

The core thesis posits that capital inflows, speculative activity, and miner investment act as "heat" inputs, while validated transactions, network security, and asset appreciation constitute the "work" output. Market sentiment and miner profitability are conceptualized as "temperature" variations within this system. This reinterpretation of thermodynamic parameters allows for a structured analysis of the energy flows and transformations inherent in decentralized digital economies.

Kaspa, a fast, scalable Layer-1 cryptocurrency, stands out due to its unique GHOSTDAG protocol, which extends Nakamoto's original design by allowing parallel blocks to coexist within a Directed Acyclic Graph (blockDAG).¹ This architecture enables high throughput, currently processing 10 blocks per second with a long-term goal of 100 blocks per second, and near-instant confirmation times, effectively addressing common scalability issues without compromising decentralization or security.¹ Kaspa's fair launch, with no pre-mine or pre-allocation, aligns with Bitcoin's ethos of decentralization, and its kHeavyHash algorithm is specifically designed for energy efficiency.¹ Furthermore, its unique "chromatic phase" monetary policy smoothly halves block rewards annually, offering a predictable emission schedule that

contrasts with the abrupt halvings seen in other PoW cryptocurrencies.1

The application of this analogy reveals that the idealized nature of the Carnot engine provides a crucial comparative tool for identifying and quantifying the inherent inefficiencies and irreversibilities present in real-world PoW systems. The gap between theoretical Carnot efficiency and the actual "efficiency" of a PoW system illuminates the unavoidable "thermodynamic losses" or "frictions" inherent in achieving decentralized trust and security. This perspective highlights that the inherent energy consumption of PoW is not merely an operational cost but a fundamental thermodynamic input that directly underpins the system's security, immutability, and value. This energy, expended through competitive hashing, is the "heat" that drives the PoW "engine," making attacks economically prohibitive and thus securing the network.

This interdisciplinary approach offers a holistic framework for systemic understanding, where physical constraints (thermodynamics) underpin self-organizing patterns (morphodynamics), ultimately enabling the emergence of symbolic value and trust (teleodynamics). This framework helps to analyze the complex interplay between physical constraints, emergent behaviors, and directed goals within decentralized systems. The report details each of the four analogous stages, examines sources of "irreversibility" and "entropy generation," and provides case studies of Kaspa, Bitcoin, Litecoin, and Dogecoin, concluding with implications for market understanding, investment strategies, and the evolving energy footprint of PoW.

# 1. Introduction: Bridging Thermodynamics and Decentralized Consensus

This section lays the foundational groundwork for analyzing Proof-of-Work systems through an interdisciplinary lens, connecting the principles of classical thermodynamics to the dynamics of decentralized digital economies.

### 1.1. The Carnot Engine: An Idealized Thermodynamic Model and its Foundational Principles

The Carnot engine, a theoretical construct conceived by the French physicist Sadi Carnot in 1824, serves as a cornerstone in the field of thermodynamics. It represents an idealized heat engine operating through a perfectly reversible cycle, establishing the theoretical maximum efficiency for converting heat into mechanical work. This theoretical benchmark is critically important for evaluating the performance of all real-world heat engines, providing a standard against which practical systems can be measured.

The operation of a Carnot engine involves four distinct, reversible processes. These include two isothermal processes, where the working substance (typically an ideal gas) maintains a constant temperature while exchanging heat with a thermal reservoir, and two adiabatic processes, where no heat is exchanged with the surroundings, leading to a change in the working substance's temperature. The engine functions between two theoretical thermal reservoirs: a hot source at temperature

TH and a cold sink at temperature TC.<sup>1</sup> Both reservoirs are assumed to possess infinite thermal capacity, allowing them to supply or absorb any amount of heat without experiencing a change in their respective temperatures.<sup>1</sup>

A fundamental principle derived from Carnot's work is Carnot's theorem, which asserts that no engine operating between the same two absolute temperatures can achieve higher efficiency than a reversible heat engine operating between those same reservoirs. A crucial corollary of this theorem is that all reversible heat engines operating between the same pair of temperatures exhibit identical efficiencies, regardless of the working substance or operational specifics. The maximum efficiency, often denoted as

 $\eta$ , is determined solely by the absolute temperatures of the hot and cold reservoirs, expressed as  $\eta$ =1–TC/TH.<sup>1</sup> This theorem also highlights that the production of useful work from a heat engine is possible only if a temperature difference exists between the two thermal reservoirs connected to the engine.<sup>1</sup>

The idealized nature of the Carnot engine serves as a crucial comparative tool. By understanding its theoretical perfection and the conditions for maximum efficiency, it becomes possible to identify and quantify the inherent inefficiencies and

irreversibilities present in real-world Proof-of-Work systems.¹ The deviation from perfect reversibility or the impossibility of achieving 100% efficiency (which is unattainable even for a Carnot engine) in the PoW context illuminates fundamental trade-offs and energy dissipations inherent in achieving decentralized trust and security.¹ The theoretical limits of the Carnot engine provide a pristine baseline against which the practical "efficiency" of a PoW system can be measured, revealing the unavoidable "thermodynamic losses" or "frictions" within the decentralized consensus mechanism.¹ This implies that the very "unrealism" of the Carnot model allows it to act as a perfect benchmark against which the "imperfections" of PoW can be measured, making the gap between theoretical and actual efficiency a key analytical focus. Furthermore, the necessity of a temperature difference for work output in a Carnot engine suggests that market "gradients," such as shifts in price or sentiment, are essential for value creation and economic activity within PoW systems. Without these dynamic shifts, the system would approach an equilibrium, limiting its capacity to generate "work."

## 1.2. Proof-of-Work: The Energy-Intensive Core of Decentralized Networks and its Security Imperatives

Proof-of-Work (PoW) is a cryptographic mechanism where one party, known as the prover or miner, demonstrates to others, the verifiers, that a specific amount of computational effort has been expended. This computational effort is designed to be moderately hard for the prover but easy for the verifier to check, a key feature known as asymmetry or a CPU cost function. This mechanism was notably popularized by Bitcoin, where it serves as the foundational consensus mechanism for its permissionless, decentralized network. In this system, miners globally compete to solve a cryptographic puzzle, with the winner gaining the right to append new blocks of verified transactions to the blockchain and receive a reward in the form of newly minted cryptocurrency. The probability of success for each miner is directly proportional to the computational effort they expend.

Beyond its role in securing cryptocurrencies, PoW has historical roots in combating digital abuse, such as spam and denial-of-service attacks. Hashcash, created by Adam Back in 1997, is an early example, requiring email senders to perform a small computational task to prove resource expenditure before sending an email. PoW,

alongside Proof-of-Stake (PoS), remains one of the most recognized Sybil deterrence mechanisms, preventing malicious actors from overwhelming the network with fake identities.<sup>1</sup>

A defining characteristic of PoW is its substantial processing power and energy requirement.<sup>1</sup> This energy consumption is not merely an operational cost or an environmental concern; it is a fundamental thermodynamic input that directly underpins the system's security, immutability, and value. The energy expended through competitive hashing is the "heat" that drives the PoW "engine," making attacks economically prohibitive and thus securing the network. This means that the "cost" of energy in PoW is not a flaw, but a deliberate design choice that translates economic expenditure directly into cryptographic security, forming a type of "ordered" digital value. If the "work" (hashing) were inexpensive or free, the network would be vulnerable to attacks, such as a 51% attack, where a single entity controls more than half the network's hashrate and could manipulate transactions. Therefore, the energy expenditure is a necessary "cost" to achieve the "work output" of a secure, decentralized ledger, aligning directly with the thermodynamic principle that work requires energy input.<sup>1</sup> This inherent energy cost is further incentivized by built-in reward structures that compensate miners for allocating their computational capacity to the network. The competitive nature of PoW mining, while appearing "wasteful" from a purely computational perspective due to duplicated efforts, is in fact essential for maintaining decentralization and deterring Sybil attacks. This competition drives the network's hashrate, and the automatic difficulty adjustment mechanism then acts as a distributed "thermostat," ensuring consistent block production and network security despite fluctuations in mining power. This illustrates how the apparent "waste" is a necessary byproduct of securing a decentralized, trustless system.

# 1.3. The Conceptual Analogy: PoW Cycles as Carnot Engines – A Structured Framework for Analysis

The central proposition of this analysis is that the observable cyclical patterns in Proof-of-Work cryptocurrencies, particularly Bitcoin's market cycles, can be conceptually mapped onto the four stages of a Carnot engine's operation. This analogy provides a structured framework for understanding the energy flows, transformations, and cyclical patterns within PoW systems.

Within this conceptual framework, key thermodynamic parameters are reinterpreted in the context of a decentralized digital economy:

- "Heat": This represents the various forms of energy and capital injected into the system.<sup>1</sup> This includes new capital inflows from investors, the speculative fervor that drives market activity, the direct investment by miners in specialized hardware (ASICs), and the continuous consumption of electrical energy by mining operations.<sup>1</sup>
- "Work": This refers to the tangible and intangible outputs generated by the PoW system. This encompasses the validation of transactions, the maintenance and enhancement of network security, the creation of new blocks and the issuance of new cryptocurrency units, and the appreciation of the asset's market value.
- "Temperature": This metaphorically represents the overall "energy state" or "sentiment" of the market. It can be quantified by metrics such as the Fear & Greed Index, which gauges collective investor emotion, or by miner profitability, reflecting the economic viability of participation. It also reflects the general "heat" or "coolness" of market activity and investor enthusiasm.

It is important to acknowledge the abstract and metaphorical nature of this analogy. While it offers a powerful lens for conceptualizing complex interactions, it requires rigorous definition and critical evaluation of its parameters and inherent limitations. The conceptualization of "temperature" as market sentiment, for instance, highlights the non-ideal, human-driven "frictions" and "irreversibilities" that distinguish PoW market cycles from a purely physical Carnot engine. The influence of human psychology, including fear and greed, introduces dissipative processes that deviate from the perfectly reversible operations of an ideal thermodynamic system.

This analogy provides a holistic framework for systemic understanding, conceptualized in multiple layers. The "thermodynamic layer" is represented by the literal energy consumed by mining equipment to perform cryptographic computations, creating a base constraint on what is computationally feasible; every hash attempt expends real physical energy. This fundamental energy expenditure gives rise to "morphodynamic layers," which deal with the self-organizing patterns that emerge within this constrained environment. In Bitcoin mining, this is analogous to the pattern that arises from continuous hashing attempts, where miners align their efforts to a common target (the block reward), creating a dynamic structure of interaction with the cryptographic puzzle. When consensus is reached and the global state propagates, network participants realign on the next valid block, and the

process repeats.<sup>1</sup> Finally, these lower layers give rise to a "teleodynamic layer," characterized by the emergence of symbolic value.<sup>1</sup> When incentive-aligned miners achieve consensus through an irreducible process to collectively solve a protocol-defined puzzle, the network is validated, transactions are verified, and trust is established.<sup>1</sup> This emergence of trusted symbolic value then enables various economic activities, peer-to-peer interactions, and new forms of autonomous agents in the digital space.<sup>1</sup> This multi-layered framework helps to analyze the complex interplay between physical constraints, emergent behaviors, and directed goals within decentralized systems.<sup>1</sup> This layered perspective reveals that the "value" of a PoW cryptocurrency is not merely speculative but is fundamentally rooted in the physical energy expenditure and the emergent, self-organizing consensus it enables. The symbolic value ultimately derives its legitimacy from the irreversible physical work performed.

#### 2. Defining the "Thermodynamic System" of Proof-of-Work

To apply the Carnot engine analogy effectively, it is necessary to define the components of the Proof-of-Work (PoW) system in thermodynamic terms.<sup>1</sup> This involves identifying the "working substance," the "heat reservoirs," and the forms of "heat" and "work" within this unique digital economy.<sup>1</sup>

## 2.1. The "Working Substance": Collective Computational Power (ASICs) and its State Variables

In the PoW system, the "working substance" can be identified as the collective computational power of the network, primarily embodied by the specialized hardware known as Application-Specific Integrated Circuits (ASICs). These machines perform the cryptographic computations necessary for mining, acting as the primary agents of energy transformation within the system. The state of this "working substance" can be described by several key variables, drawing direct parallels to thermodynamic properties.

The "volume" of the PoW system is represented by the **Network Hashrate**. This metric quantifies the total computational power or the aggregate number of guesses submitted per second to the blockchain by all miners globally. A higher hashrate indicates more computing power dedicated to the network, which directly enhances its security against malicious attacks. For instance, Bitcoin's network hashrate was reported at 870.49M TH/s on August 8, 2025, representing a significant 49.72% increase from a year prior, demonstrating the substantial growth in computational "volume" dedicated to securing the network.

The "pressure" within the PoW system is analogous to **Mining Difficulty**. This metric quantifies the computational challenge miners face to find a new block. The difficulty adjusts periodically, for example, approximately every two weeks (or every 2016 blocks for Bitcoin), to ensure that the average time between blocks remains constant (e.g., 10 minutes for Bitcoin), regardless of the total hashrate. A higher difficulty implies greater "pressure" on miners to expend more computational effort to achieve the same rate of block production. This self-regulating mechanism of difficulty adjustment acts as a negative feedback loop, stabilizing the "engine's" block production rate despite fluctuating "volume" (hashrate) and "temperature" (profitability/sentiment). This highlights an intelligent design feature that ensures predictable supply and network stability.

Market Sentiment serves as the "temperature" of the PoW system.<sup>1</sup> This abstract variable reflects the collective emotional state and confidence of investors and participants in the cryptocurrency market.<sup>1</sup> It can be gauged by indicators such as the Fear & Greed Index, which signals periods of extreme optimism or pessimism.<sup>1</sup> On-chain metrics like HODL Waves also provide insights into market sentiment by showing the age groupings of Bitcoin holdings; longer holding periods often signal bullish sentiment, while shorter periods indicate bearish sentiment.<sup>1</sup>

Finally, the "internal energy" of the system is represented by the **Total Network Value**.¹ This metric represents the aggregate economic value stored within the network.¹ It can be measured by metrics such as Market Capitalization (the total value of all coins in circulation) and Realized Capitalization (which adjusts market cap to reflect only coins that have moved, offering a more realistic view of value).¹ Total Network Value is not merely a reflection of market cap but a measure of the collective "stored work" and trust accumulated by the network, directly tied to the energy expended to secure it. A higher "internal energy" implies a more secure and trusted network, which, in turn, attracts more capital, reinforcing the cycle and strengthening

the system's "teleodynamic layer."

These variables interact dynamically within the PoW system.<sup>1</sup> For example, an increase in network hashrate (volume) will typically lead to an increase in mining difficulty (pressure) to maintain target block times.<sup>1</sup> This increased difficulty can impact miner profitability, which, in turn, influences market sentiment (temperature) and potentially the overall network value (internal energy).<sup>1</sup> This intricate interplay underscores the complex, self-regulating nature of PoW networks.<sup>1</sup>

Thermodynamic Variable	PoW Analogue	Definition in PoW Context
Working Substance	ASICs / Collective Computational Power	Specialized hardware performing cryptographic computations.
Volume	Network Hashrate	Total computational power (guesses per second) dedicated to the network.
Pressure	Mining Difficulty	Computational challenge to find a new block, adjusted to maintain block times.
Temperature	Market Sentiment / Miner Profitability	Collective emotional state and confidence of participants (Fear & Greed Index, HODL Waves).
Internal Energy	Total Network Value (Market Cap / Realized Cap)	Aggregate economic value stored within the network.

#### 2.2. The "Heat Reservoirs": Sources and Sinks of Value and Energy

In the Carnot analogy, heat reservoirs facilitate the exchange of energy, acting as infinite sources or sinks without changing temperature.<sup>1</sup> In the Proof-of-Work context, these reservoirs represent the dynamic sources and sinks of capital, energy, and sentiment that drive the market cycles.<sup>1</sup>

The Hot Reservoir (TH) is characterized by new capital inflows, high investor confidence, and the availability of cheap energy sources for mining. 1 It represents the "source" of demand and speculative "heat" that fuels market expansion and value creation.<sup>1</sup> A significant component of this hot reservoir in recent times has been institutional investment, particularly through vehicles like spot Bitcoin Exchange-Traded Funds (ETFs), which were approved in the U.S. in January 2024.<sup>1</sup> These ETFs have attracted large amounts of money, notably front-running traditional post-halving price discovery and leading to Bitcoin reaching new all-time highs even before halving events.<sup>1</sup> This influx of institutional money is believed to bolster the market's downside, acting as a primary "hot reservoir" for demand and value appreciation. Favorable macroeconomic conditions, such as periods of low interest rates and broad-based stimulus, also increase investors' appetite for higher-risk assets like cryptocurrencies, creating conditions conducive to a market boom and serving as a "hot reservoir" of capital and enthusiasm. This shift towards institutional adoption represents a significant change in the nature of the "hot reservoir," making it less purely speculative and more integrated with traditional finance. This integration has the potential to moderate future market cycles, as institutional capital often has longer time horizons and is less prone to the rapid emotional swings seen in retail speculation, potentially leading to milder "temperature" fluctuations.

Conversely, the **Cold Reservoir (TC)** is defined by periods of low investor confidence, heightened regulatory uncertainty, and high energy costs for mining.<sup>1</sup> It acts as a "sink" that absorbs excess "energy" or value, typically during market downturns.<sup>1</sup> For instance, tightening monetary policy and rising interest rates reduce risk appetite across financial markets, causing investors to retreat to safer assets and contributing to lower cryptocurrency prices.<sup>1</sup> Geopolitical events, trade wars, and strict regulatory changes can also induce widespread fear and selling, effectively acting as a "cold sink" for market sentiment and value.<sup>1</sup> Furthermore, the high capital expenditure required for mining hardware and the ongoing operational costs, particularly electricity, pose significant barriers to entry and can force less efficient miners to

reduce operations or sell holdings.¹ This contributes to the "cold reservoir" effect by absorbing profitability and increasing market pressure.¹ The cold reservoir is not merely a passive sink but an active force that purges inefficiencies, such as less efficient miners, and resets market expectations. This mechanism acts as a necessary "re-equilibriating" force for the PoW "engine," ensuring the long-term health and efficiency of the network by removing "thermodynamic losses" in the form of unsustainable operations.

"Heat (Q)" within this system represents the injection or withdrawal of capital and energy. This includes the conversion of fiat currency into cryptocurrency, direct investment in mining hardware, and the continuous consumption of electricity by mining rigs. When "heat" is absorbed from the hot reservoir, it drives expansion and value creation within the PoW system. Conversely, when "heat" is rejected to the cold reservoir, it signifies a period of value contraction or profit-taking, as capital and energy exit the system or are absorbed by market downturns.

"Work (W)" is the tangible output of the PoW system.<sup>1</sup> It encompasses the secure validation of transactions, the creation of new blocks on the blockchain, and, from an economic perspective, the appreciation of the cryptocurrency's market value.<sup>1</sup> This "work" is directly enabled by the "heat" (energy and capital) inputs and represents the utility and value generated by the decentralized network.<sup>1</sup> This output is the primary objective of the PoW "engine," demonstrating the conversion of invested resources into a secure and valuable digital ledger.

# 3. The Four Stages of the Proof-of-Work Cycle: A Detailed Thermodynamic and Economic Analysis

The cyclical patterns observed in Proof-of-Work (PoW) cryptocurrencies, particularly Bitcoin, can be conceptually mapped to the four idealized stages of a Carnot engine, offering a structured framework for understanding market dynamics. While this analogy provides a powerful lens, it is crucial to note where the real-world complexities of PoW cycles diverge from the idealized thermodynamic processes.

#### 3.1. Stage 1: "Isothermal Expansion" - The Accumulation and Low Volatility Phase

In a Carnot engine's isothermal expansion, the working gas absorbs heat (QH) from the hot reservoir (TH) and expands slowly, performing work (W1) while maintaining a constant temperature. This process is characterized by a controlled, equilibrium-like state where energy is steadily converted into useful work.

In the PoW market analogy, this stage corresponds to the Accumulation Phase, often referred to as the "Bottoming Phase" in market cycle models. This period is defined by relatively low prices, although subtle signs of underlying growth may begin to emerge. Market sentiment is typically bearish, reflecting widespread pessimism or disinterest, and trading volume is low. Prices fluctuate within a tight range near the market bottom, indicating a period of consolidation. The "Bottoming Phase" is characterized by a significant shift from high volatility to sustained low volatility, with a continued low percentage of addresses holding coins in profit. Many investors may have capitulated and sold their holdings, and overall on-chain activity and sentiment are subdued, with only steadfast holders or those committed to building within the ecosystem remaining.

During this phase, the process of "heat absorption" occurs as forward-thinking buyers, often long-term investors or "HODLers," slowly accumulate cheaper coins.<sup>1</sup> On-chain data, particularly HODL waves, indicate that "old coins" (those held for longer periods) may swell in volume, reflecting a net transfer of coin wealth from newer investors and speculators back to patient, long-term investors.<sup>1</sup> This signifies a decreasing volume of active supply and declining on-chain economic activity, as coins are moved off exchanges and into cold storage.<sup>1</sup> This quiet accumulation represents the absorption of "heat" (capital) into the system by those with high conviction, preparing for future growth.<sup>1</sup>

The "work done" in this stage is primarily the foundational maintenance of network integrity and security through consistent, albeit less profitable, mining. While rapid price appreciation is absent, the system is performing the essential work of securing transactions and maintaining the decentralized ledger, building the fundamental base for future value creation. This sustained operational "work" ensures the network remains robust even during periods of low market enthusiasm.

The "constant temperature (TH)" in this phase represents a stable, albeit subdued,

market sentiment.¹ Despite low prices, a quiet conviction builds among dedicated participants, preventing a further collapse in value.¹ Low volatility reflects this stable, underlying "temperature" where the system is consolidating energy and resources for the next growth cycle.¹ This phase is driven by patient accumulation, often by experienced investors who have endured previous market cycles and understand the long-term value proposition.¹ The market is effectively recharging and preparing for the next growth phase, absorbing "heat" in a controlled manner before the next expansion.

#### 3.2. Stage 2: "Adiabatic Expansion" – The Growth and Price Appreciation Phase

In a Carnot engine's adiabatic expansion, the gas expands further without heat exchange with the surroundings, performing work (W2) and causing its temperature to fall from TH to TC.<sup>1</sup> This process represents a conversion of internal energy into work, leading to a cooling of the working substance.

In the PoW market analogy, this stage corresponds to the Growth Phase, also known as the "Appreciation Phase". During this period, the asset's price begins to recover and moves significantly towards, and often surpasses, previous all-time highs. Historically, Bitcoin halving events have occurred in this phase, coinciding with shrinking exchange reserves as buyers absorb supply in anticipation of rising prices due to reduced new issuance. The "Appreciation Phase" is marked by renewed optimism across the market, with prices recovering to a profitable range for many participants. It is characterized by sustained low volatility that shifts into a period where a high percentage of addresses hold coins in profit, and Bitcoin often reaches new all-time highs. This phase is typically the shortest in the overall market cycle, characterized by rapid upward movement.

The "work done" in this stage is substantial, manifesting as significant asset value appreciation, increased transaction validation, and overall network growth. The system is actively performing work, translating the accumulated "energy" from the previous accumulation phase into tangible market value and expanded network utility. This period sees a surge in on-chain activity and investor engagement as prices climb.

A critical divergence from the strict Carnot analogy occurs in the "temperature drop (TH to TC)". In the PoW context, the "temperature" (market sentiment and profitability)

rises significantly during this phase, rather than falling. This indicates a period of increasing "excitement" and "heat" in the market, as opposed to the cooling seen in an adiabatic expansion. This behavior highlights a key irreversibility and dissipation in the PoW "engine," where the "work" (price appreciation) is accompanied by a rise in market "temperature" (greed and speculation) rather than a drop. An ideal adiabatic process involves no heat exchange with the surroundings, meaning internal energy conversion to work leads to a temperature drop. However, in the PoW market, the "work" (price appreciation) is not solely from the internal conversion of accumulated "energy" from the prior phase. Instead, the anticipation of future scarcity (e.g., halving events) and the influx of new speculative capital (external "heat" not accounted for in a strict adiabatic model) drive market sentiment higher. This suggests that the "adiabatic" nature is violated by continuous, albeit indirect, "heat" inputs from speculative activity and FOMO, which are not perfectly isolated from the system. The "temperature" rise during "adiabatic expansion" signifies that the system is not truly isolated from external speculative "heat," or that the internal "work" generation itself creates a feedback loop of excitement, preventing a temperature drop. This underscores the profound influence of human psychology and market dynamics as "irreversibilities" that deviate from idealized thermodynamic behavior.

The underlying dynamics of this phase are strongly influenced by halving events, which reduce the supply of newly minted coins, thereby increasing scarcity and demand.<sup>1</sup> Additionally, institutional inflows, such as those facilitated by spot Bitcoin ETFs, can front-run traditional market patterns, accelerating price discovery and injecting significant capital into the ecosystem, further fueling this appreciation.<sup>1</sup> This phase is characterized by rapid growth and strong market validation, driven by a combination of programmed supply shocks and increasing investor confidence.

#### 3.3. Stage 3: "Isothermal Compression" – The Bubble and Distribution Phase

In the Carnot engine's isothermal compression, the gas is placed on the cold sink (TC) and slowly compressed, rejecting heat (QC) to the sink while maintaining a constant temperature. This process involves work being done on the system, leading to a controlled release of energy.

In the PoW market analogy, this stage corresponds to the Bubble Phase, also known as the "Acceleration Phase".¹ During this period, the price dramatically eclipses previous all-time highs, often moving exponentially to the upside.¹ This phase is extremely volatile, marked by rapid price increases followed by significant, though often temporary, corrections.¹ The "Acceleration Phase" is defined by high volatility and a high percentage of addresses in profit, as investors push the price to its cycle peak.¹ Sell volume builds as a portion of investors lock in healthy profits, while many market participants continue to buy, driven by the belief that the bull market has more room to run.¹ The Fear & Greed Index typically flashes "Extreme Greed" during this phase, indicating widespread speculative euphoria.¹ On-chain data shows that "young coins" (recently transacted) swell in volume, reflecting a net transfer of coin wealth from longer-term investors to newer market participants and speculators, signifying a larger volume of active supply and greater on-chain economic activity.¹ Conversely, "old coins" (long-held) typically contract in volume as profits are taken by seasoned investors.¹

This phase is analogous to the system shedding "heat" (value) to a "cold sink" of new, less experienced buyers. Long-term holders and "smart money" distribute their coins, realizing substantial profits, which is clearly reflected in the decrease of "old coins" and the increase of "young coins" in HODL waves. The "work done on the system" occurs as the market experiences a form of "compression" due to selling pressure from profit-takers. However, this selling pressure is temporarily counteracted by new capital inflows from speculative buyers, maintaining a high "temperature" (greed) and extreme volatility. The "work" here is the transfer of value and the absorption of supply by new entrants, even as the system approaches a state of overextension and potential instability.

The "constant temperature (TC)" in this phase represents a sustained state of high market excitement and speculative activity, even amidst increasing distribution.<sup>1</sup> Volatility remains high, indicating the intense energy and speculative "heat" within the

market.<sup>1</sup> This phase is driven by speculative euphoria and widespread retail participation.<sup>1</sup> The "temperature" (sentiment) is at its highest, leading to irrational exuberance and an eventual overextension of prices.<sup>1</sup> The system is highly "active" but simultaneously approaching a critical point of thermodynamic instability, where the "heat" of new capital is increasingly absorbed by profit-takers rather than contributing to sustainable growth.

#### 3.4. Stage 4: "Adiabatic Compression" – The Crash and Capitulation Phase

In the Carnot engine's adiabatic compression, the gas is placed on an insulating stand and compressed, causing its temperature to increase back to TH, thus completing the cycle without heat exchange. This process represents work being done on the system, increasing its internal energy and returning it to the initial state.

In the PoW market analogy, this stage corresponds to the Crash Phase, also known as the "Reversal Phase". Following the euphoria of the bubble phase, the market experiences a major correction to the downside, with historical drawdowns typically ranging from approximately 70% to 80%, and negative price action often lasting for about a year. The "Reversal Phase" marks the abrupt beginning of a new cycle, characterized by a rapid decline in price from previous highs, high volatility, and a low percentage of addresses in profit. "Young coins" contract in volume, reflecting a net transfer of coin wealth from newer investors and speculators back to patient long-term investors (HODLers) who are willing to accumulate at lower prices. This signifies a decreasing volume of active supply and declining on-chain economic activity, as speculative interest wanes and the market resets.

The "work done on the system" occurs as the market undergoes severe "compression" as prices plummet.<sup>1</sup> This "work" is done on the system by external pressures (e.g., macroeconomic shifts, tightening monetary policy, regulatory fears) and internal selling cascades, leading to widespread liquidations and panic selling.<sup>1</sup> This forced deleveraging and capitulation represent a significant absorption of negative "work" by the system.

A significant divergence from the Carnot analogy occurs in the "temperature increase (TC to TH)". In the PoW context, the "temperature" (market sentiment and profitability)

plummets during a crash, aligning with the "Reversal Phase" where profit percentages are low and volatility is high. This signifies a period of intense "cooling" and "fear". An alternative interpretation of "adiabatic" in this context is that the system is "isolated" in its downturn, with internal dynamics such as panic selling and liquidations driving the collapse. The "temperature increase" in the Carnot model could be reinterpreted as the intensification of negative sentiment or the "heat" of forced selling and capitulation within the PoW market. The "temperature" analogue in PoW is not solely a measure of internal energy but is heavily influenced by collective psychology and the destruction of perceived value. The collapse of "temperature" signifies a profound loss of confidence and economic viability within the system, a form of "negative work" that dissipates the system's "energy state" rather than increasing it. This further underscores the non-ideal, human-influenced nature of the PoW "engine."

The underlying dynamics of this phase are heavily influenced by macroeconomic factors. For instance, rising interest rates and quantitative tightening can reduce risk appetite across financial markets, leading investors to divest from riskier assets like cryptocurrencies and contributing to price depreciation. Regulatory uncertainty or negative news can also trigger widespread selling, exacerbating the downturn. This phase represents a market "reset," shedding speculative excess and returning to a state of lower "temperature" (sentiment) and higher "potential" for the next accumulation phase.

# 3.5. Critical Evaluation of Analogous Divergences and Inherent Irreversibilities in Real-World PoW Cycles

The application of the Carnot engine analogy to Proof-of-Work (PoW) cryptocurrency cycles provides a valuable structured framework for understanding the complex interplay of energy flows, value transformations, and cyclical patterns within these decentralized systems.¹ It effectively visualizes "heat" as the injection of capital, speculative fervor, and computational energy, while "work" represents the tangible outputs of network security, transaction validation, and asset appreciation.¹ "Temperature" serves as a useful metaphor for market sentiment and miner profitability, reflecting the overall "energy state" of the market.¹ This framework helps to analyze how physical constraints (thermodynamics) underpin emergent market behaviors (morphodynamics) and ultimately contribute to the establishment of

symbolic value and trust (teleodynamics).1

However, it is crucial to acknowledge that while conceptually powerful, the analogy is not a perfect fit. Real-world PoW systems inherently deviate from the idealized, perfectly reversible processes of a Carnot engine. The most notable divergences occur in the "adiabatic" stages, specifically the Growth and Crash phases, where the market's "temperature" (sentiment/profitability) does not behave as predicted by classical thermodynamics.1 For instance, in the "Growth" phase, market sentiment rises significantly rather than falling, and in the "Crash" phase, it plummets rather than increasing. These primary divergences in "temperature" behavior are directly linked to market sentiment, driven by greed and fear, and speculative activity. Carnot cycles assume perfect reversibility and ideal gases, where state changes are predictable based on physical laws. PoW markets, while underpinned by physical energy, are driven by human collective behavior, which is inherently non-linear, irrational, and irreversible in a thermodynamic sense. Speculative "heat" (FOMO) and panic-driven "cooling" (capitulation) are not perfectly reversible processes; they involve "frictions" like transaction costs, liquidations, and emotional biases that dissipate value and energy in ways an ideal gas cannot. This implies that human psychology acts as a significant "irreversibility" or "friction" within the PoW "engine," preventing it from achieving anything close to theoretical Carnot efficiency in its market cycles. This "human entropy" is a critical factor in real-world market cycles.

Further sources of irreversibility in PoW systems, beyond human psychology, include the inherent idealization of the Carnot cycle, which assumes no friction or heat loss.<sup>6</sup> Real-world PoW systems are far from perfectly insulated or frictionless.<sup>1</sup> The complexity of the Carnot cycle, involving multiple precise processes, also contrasts with the emergent and often chaotic dynamics of a decentralized market.<sup>6</sup> Moreover, the Carnot cycle is primarily a theoretical tool with limited practical applications, whereas PoW is a real-world, highly dynamic system.<sup>2</sup>

The analogy serves best as a conceptual lens for understanding energy transformations and cyclical forces, rather than a precise predictive model. It effectively highlights the fundamental trade-offs and energy dissipations inherent in achieving decentralized trust and security, providing a framework for qualitative analysis of market behavior. 1

PoW Cycle Stage	Carnot Analogue	Market Characteristics	PoW "Temperature" Behavior	Key "Thermodynami c" Activity
Accumulation	Isothermal Expansion	Low prices, low volatility, bearish sentiment, long-term holder accumulation.	Stable, subdued (TH)	Absorption of "heat" (capital) by patient investors.
Growth	Adiabatic Expansion	Price recovery, move to ATHs, halving events, renewed optimism, increasing addresses in profit.	Rises significantly (Divergence from Carnot)	Significant asset value appreciation, network growth, translation of accumulated "energy."
Bubble	Isothermal Compression	Exponential price increases, high volatility, "Extreme Greed," distribution to new buyers.	Sustained high (TC)	Rejection of "heat" (value) to new buyers, temporary "compression" offset by new capital.
Crash	Adiabatic Compression	Major correction, rapid price decline, high volatility, panic selling, capitulation.	Plummets (Divergence from Carnot)	Severe "compression" by external/internal selling, market "reset," shedding speculative excess.

# 4. Efficiency, Irreversibility, and the "Entropy" of Decentralized Consensus

Understanding the "thermodynamics" of Proof-of-Work (PoW) systems necessitates an examination of their efficiency, the inherent irreversibilities, and the concept of entropy generation within the context of decentralized consensus.

#### 4.1. Defining "Efficiency" in PoW Systems

The efficiency of a Carnot engine,  $\eta=1-TC/TH$ , represents the theoretical maximum for converting heat into work.<sup>1</sup> For PoW systems, "efficiency" is a multifaceted concept that extends beyond pure energy conversion, encompassing technical, economic, and security dimensions.<sup>1</sup>

**Energy Efficiency** refers to the computational power (hashrate) achieved per unit of energy consumed, typically measured in Joules per Terahash (J/TH).<sup>1</sup> There is a continuous drive for innovation in ASIC chip design and manufacturing to achieve higher hashing power and improved energy efficiency.<sup>1</sup> This relentless pursuit of efficiency is akin to optimizing the "engine" to extract more "work" from less "fuel," directly impacting the operational costs and environmental footprint of mining.<sup>1</sup>

**Economic Efficiency** measures the ratio of market value created (e.g., total market capitalization or realized capitalization) to the total energy and capital expended by the network. This includes direct electricity costs for mining, hardware acquisition and maintenance, and operational overhead. When mining costs are lower than a cryptocurrency's market value, more miners are incentivized to join, indicating economic efficiency and profitability. Conversely, when costs exceed revenue, miners are forced to decrease operations, reflecting a period of economic inefficiency.

**Network Security Efficiency** is critically measured by hashrate.<sup>1</sup> A higher hashrate acts as a robust shield against potential attacks, safeguarding transaction integrity and enhancing the reliability of the decentralized system.<sup>1</sup> The more computational power securing the network, the more difficult and costly it becomes for a single entity to launch a 51% attack, directly correlating energy expenditure with network

resilience.1

It is important to acknowledge that PoW systems, like all real-world engines, cannot achieve the theoretical maximum efficiency of a Carnot engine due to inherent irreversibilities. This gap highlights the unavoidable "thermodynamic losses" or "frictions" within the decentralized consensus mechanism, emphasizing that perfect efficiency is an unattainable ideal in practical systems.

#### 4.2. Sources of "Irreversibility" and "Entropy Generation"

"Irreversibility" in PoW systems refers to processes that cannot be perfectly reversed without external intervention, leading to a net increase in entropy. These sources of irreversibility represent "waste" or "friction" that reduce the overall efficiency of the system.

**Computational Irreducibility** is a fundamental source of entropy generation.<sup>1</sup> The inherent nature of cryptographic hashing in PoW dictates that there is no shortcut to determining whether a given hash attempt will yield the correct solution other than by performing the computation itself.<sup>1</sup> This creates a "wall of encryption" that miners must push through, expending real physical energy for each attempt, regardless of whether it leads to a valid block.<sup>1</sup> This inherent computational irreducibility is a fundamental, unavoidable source of energy expenditure and thus "entropy generation".<sup>1</sup>

Competitive Waste arises from the design of PoW, which involves miners competing globally to solve the same cryptographic puzzle. This leads to a significant amount of duplicative computational effort and energy consumption, as only one miner's solution is ultimately accepted for a given block. The computational efforts of all losing miners are effectively dissipated as "waste heat" or entropy, as their work does not directly contribute to the canonical chain. While this competitive process is essential for network security and decentralization, it inherently results in a substantial amount of thermodynamic inefficiency. Proof-of-Stake (PoS) systems, by contrast, aim to operate with substantially lower resource consumption precisely because they do not require miners to spend electricity on these duplicative processes.

ASIC Production Lag and Market Dynamics introduce further irreversibilities.¹ The design and manufacturing process for Application-Specific Integrated Circuits (ASICs) is complex, time-intensive, and costly, involving multiple interdependent phases from specification to manufacturing handoff.¹ This creates significant supply chain rigidities and lags; for instance, Bitmain's new US factory is projected to begin initial chip production in early 2026 and reach full operational capacity by the end of the same year.¹ Such delays mean that newer, more energy-efficient ASIC models are not immediately available to all miners, and older, less efficient machines may remain in operation longer than optimal, contributing to overall network inefficiency.¹ The dynamics of the used ASIC market, influenced by factors like tariffs on imported machines, also reflect these inefficiencies, as prices for locally sourced equipment may appreciate due to import barriers.¹

Market Volatility and Speculation introduce "friction" and "noise" into the system.<sup>1</sup> The cryptocurrency market is notorious for its rapid price swings and intense speculative trading activity.<sup>1</sup> This volatility means that resources and attention are often diverted from core network functions to short-term profit-taking, leading to non-productive activities.<sup>1</sup> This "dissipates" value and energy through frequent trading and liquidations, which do not directly contribute to the fundamental security or utility of the network.<sup>1</sup>

Regulatory Uncertainty also increases "friction" and "entropy" within the system.<sup>1</sup> Shifting regulatory landscapes, including the imposition of tariffs on ASIC imports (e.g., 19% on ASICs from Indonesia, Malaysia, Thailand, and 57.6% on those from China) or changes in monetary policy, introduce unpredictability into the market.<sup>1</sup> This uncertainty impacts miner investment decisions, operational costs, and overall market stability.<sup>1</sup> Miners may face increased costs or be forced to relocate operations, leading to further inefficiencies and energy dissipation.<sup>1</sup>

#### 4.3. The Second Law of Thermodynamics and PoW

The Second Law of Thermodynamics states that the total entropy of an isolated system can only increase over time, or remain constant in ideal cases; it never decreases. In essence, disorder tends to increase in the universe. Applying this to PoW systems reveals a fundamental trade-off: the process of creating highly ordered,

immutable blockchain records (which can be seen as a localized decrease in entropy within the digital ledger) requires a greater increase in entropy in the surrounding physical environment. This is primarily manifested through the significant heat dissipation from mining equipment and the overall energy consumption required to power the network.

This connection highlights the inherent energy cost of maintaining a decentralized, trustless ledger. The "irreversibility of time at the macroscopic level" described by the Second Law in thermodynamics is mirrored by the irreversible nature of confirmed transactions on a blockchain. Once a block is added and sufficiently confirmed, it becomes practically immutable, representing a permanent, ordered record that required substantial energy expenditure to create and secure. The continuous expenditure of energy is the price paid for this digital order and immutability, ensuring the integrity and security of the decentralized system over time.

This perspective frames PoW as a dissipative structure.8 A dissipative structure maintains its organization by continuously dissipating energy, converting ordered energy into less ordered forms (typically heat) that spread into the environment.8 The Bitcoin network, for example, operates as such a structure, continuously requiring energy inputs to maintain an ordered ledger of transactions.8 The blockchain itself is a highly ordered, low-entropy record of all valid transactions, while the entropy created, in the form of heat and waste, lies on the other side.8 Proof-of-Work stands in between, transforming real-world energy into cryptographic security.8 By expending electricity and generating heat, miners sustain a locally ordered ledger, yet still contribute to an overall increase in entropy in the wider universe.8 This means that PoW's energy consumption is not merely an operational cost but a fundamental, thermodynamically necessary process to create and maintain a state of economic order and trust in a decentralized system. The "waste" is the "work" in a deeper sense, as it ensures the integrity and immutability of the digital ledger. This suggests that the "thermodynamic inevitability" of a "superior monetary system" is tied to its ability to efficiently dissipate energy to maintain its ordered state.8

# 5. Kaspa: A Case Study in PoW Innovation and Thermodynamic Optimization

Kaspa (KAS), launched in November 2021, represents a significant advancement in Proof-of-Work (PoW) consensus mechanisms, building upon and extending Nakamoto's original design. Its unique architectural and algorithmic innovations aim to optimize the thermodynamic efficiency and scalability of a decentralized ledger.

#### 5.1. Kaspa's Foundational Architecture: The GHOSTDAG Protocol and BlockDAG

Kaspa's core innovation lies in its implementation of the GHOSTDAG protocol, which enables a Directed Acyclic Graph (DAG) architecture, often referred to as a blockDAG.¹ Unlike traditional linear blockchains, which process blocks sequentially and "orphan" competing blocks created simultaneously by different miners, GHOSTDAG accepts and orders all parallel blocks.¹ This fundamental difference eliminates wasted mining effort, as the computational work expended on these parallel blocks is not discarded but contributes to the overall security and "weight" of the network.¹ This integration of parallel blocks significantly increases throughput and efficiency.

The GHOSTDAG protocol's ability to incorporate all valid parallel blocks into the blockDAG represents a significant step towards optimizing the thermodynamic efficiency of PoW by reducing the inherent "friction" or "waste heat" associated with block competition. Traditional PoW systems generate "competitive waste" and "entropy" through orphaned blocks, where computational energy is expended without contributing to the final, canonical ledger. By contrast, GHOSTDAG ensures that the energy expended to create these blocks is not wasted; instead, it directly contributes to the network's security and the overall "weight" of the chain, even if a block isn't the "winning" block in a linear sense. This allows for a more complete conversion of computational "heat" input into network security "work," making the PoW "engine" more efficient in its utilization of resources.

This unique design grants Kaspa several distinct advantages, particularly in terms of speed and scalability. Kaspa currently processes 10 blocks per second, with a long-term development goal of scaling to an impressive 100 blocks per second. This

high block rate translates directly into near-instant confirmation times; transactions are visible to the network in approximately one second and fully confirmed in about 10 seconds. This makes Kaspa hundreds of times faster than Bitcoin (which has a 10-minute block time) and significantly more suitable for everyday payments and high-frequency transactions.

Furthermore, by processing blocks in parallel, Kaspa achieves high throughput and scalability without resorting to common scaling solutions like sharding or sidechains, thereby maintaining its core principles of decentralization and security. The network scales horizontally, adding capacity through parallel block creation rather than relying on larger blocks or complex Layer-2 solutions for its foundational transaction processing. Kaspa's design ensures robust network security even under heavy usage by maintaining its PoW consensus and leveraging the GHOSTDAG protocol. This architecture lowers the chance of a 51% attack by making it economically prohibitive, as an attacker would need to control 51% of the network's total hash power to outplay the honest chain.

#### 5.2. Energy Efficiency through the kHeavyHash Algorithm

Kaspa's commitment to efficiency extends to its Proof-of-Work algorithm. The network utilizes the kHeavyHash algorithm, which is a modified version of HeavyHash.<sup>1</sup> This algorithm is specifically designed to be core-dominant and energy-efficient, making it more accessible for GPU mining and reducing variance in mining income compared to algorithms that are more memory-intensive or require specialized hardware.<sup>1</sup>

The kHeavyHash algorithm aims to be less energy-intensive than other PoW networks by minimizing wasted computational effort, particularly in conjunction with the GHOSTDAG protocol's ability to avoid orphaned blocks. This design maximizes hash performance per watt, indicating a higher output of computational work for a given energy input. Moreover, kHeavyHash is described as "future-proof" and is designed to support future optical mining systems, signaling a forward-looking approach to energy optimization within the PoW paradigm.

The combination of kHeavyHash and GHOSTDAG reflects a comprehensive strategy for thermodynamic optimization of a PoW system. While kHeavyHash focuses on the

micro-level efficiency, optimizing the energy cost of each individual hash computation, GHOSTDAG addresses the macro-level efficiency by ensuring that all valid hash computations contribute to the network's security and blockDAG, thereby minimizing the systemic waste from orphaned blocks. This dual approach signifies a more holistic strategy for "thermodynamic optimization" of a PoW system. It is not merely about making individual "engine strokes" more efficient but also about designing the "engine's cycle" (block production and integration) to be inherently less wasteful. This positions Kaspa as a leader in evolving PoW to address its perceived energy inefficiencies in a more comprehensive manner, differentiating it from simply relying on hardware advancements.

## 5.3. Economic and Decentralization Benefits: Fair Launch and the "Chromatic Phase" Monetary Policy

Kaspa's commitment to decentralization and fair distribution is evident in its launch strategy. It was fair-launched in November 2021, with no pre-mine, zero pre-sales, or coin allocations. This approach ensured a decentralized distribution of coins from the outset, aligning with the original ethos of Bitcoin and promoting broad participation. The ability to run a full node on a standard PC further promotes decentralization by lowering the barrier to entry for network participants. Despite its high block rate (BPS) and transaction per second (TPS) capabilities, Kaspa maintains a low hardware entry barrier for both pools and solo miners, fostering a more distributed mining landscape.

Kaspa also features a unique monetary policy known as the "chromatic phase". This emission schedule decreases block rewards geometrically over time, based uniquely on a 12-note musical scale. Unlike Bitcoin's abrupt halving events, which occur approximately every four years and create sudden supply shocks, Kaspa's block reward halves smoothly once per year via monthly reductions. The initial block reward was 440 KAS, with rewards based on KAS per second, not per block, ensuring a consistent emission rate regardless of future block rate changes. The maximum supply is approximately 28.7 billion KAS, with over 90% already mined by mid-2025. This predictable and smooth emission schedule helps the market absorb inflation gradually, potentially leading to greater price stability compared to the sharp, speculative cycles often triggered by Bitcoin's halvings.

Kaspa's "chromatic phase" offers a deliberate design choice to manage the "thermodynamic" flow of new supply into the market, aiming for greater predictability and potentially less speculative "heat" compared to Bitcoin's halving model.¹ Bitcoin's abrupt halvings create discrete supply shocks, which historically trigger significant speculative "heat" and volatility in its market cycles. This represents a discontinuous change in the "fuel injection" rate. Kaspa's smooth emission schedule provides a continuous, predictable reduction in new supply. From a thermodynamic perspective, a smoother reduction in "heat input" (new coin supply) might lead to a more stable "temperature" (price) absorption by the market, potentially dampening extreme speculative cycles. Furthermore, the design of a short emission schedule and fast deflation rate aims to mitigate ASIC dominance by ensuring most circulation is minted before ASICs become pervasive.¹² This means that the "thermodynamic landscape" of mining profitability shifts rapidly, making long-term ASIC investments less overwhelmingly dominant for return on investment compared to Bitcoin, and thus promoting decentralization.

#### 5.4. Addressing Scalability and Programmability: Overview of Layer-2 Solutions

Kaspa's high capacity, enabled by its blockDAG architecture, allows for minimal transaction fees, making it an ideal candidate for micropayments and high-frequency transactions. While its Layer-1 design excels at fast, secure payments, the underlying UTXO (Unspent Transaction Output) model is stateless by nature, lacking the ability to maintain persistent state or execute complex computations—key requirements for smart contracts. This inherent limitation has prompted the active development of Layer-2 solutions to expand Kaspa's capabilities, including support for scalable applications, MEV (Miner Extractable Value) resistance, decentralized oracles, and smart contracts.

Two notable Layer-2 approaches being explored within the Kaspa ecosystem are Sparkle and Kasplex L2. Sparkle is an innovative Layer 2 solution for smart contracts, designed as a tightly integrated "Layer 1.5" extension of Kaspa's base layer. This cohesive integration ensures seamless interaction between Sparkle's smart contracts and Kaspa's decentralized, high-throughput PoW network, providing unparalleled scalability and security. Sparkle's distinguishing feature is its reliance on zero-knowledge proofs (zk-proofs), a cutting-edge cryptographic technique that

enhances both security and scalability.<sup>11</sup> By utilizing zk-proofs, Sparkle can perform complex computations off-chain, submitting only the proof of correctness to the Kaspa network for verification.<sup>11</sup> This approach minimizes computational overhead while preserving data privacy, making it an ideal solution for business applications that require both high performance and confidentiality.<sup>11</sup>

Kasplex L2 is another Layer 2 solution, implemented as a based rollup, designed to enable Ethereum Virtual Machine (EVM) compatible smart contracts on Kaspa.<sup>13</sup> This architecture relies on Kaspa's Layer-1 for transaction sequencing and data availability, while offloading computation to the Layer-2.<sup>13</sup> Kaspa's BlockDAG determines the canonical order of transactions and ensures their data is publicly accessible, while Kasplex L2 executes EVM bytecode to enable smart contract functionality.<sup>13</sup> Kasplex L2 supports two methods for submitting transactions: canonical submission (directly to Kaspa L1 using a Kaspa-compatible wallet, aligning with decentralization) and proxied submission (via a relayer for EVM-based tools like MetaMask, prioritizing user convenience).<sup>13</sup> This design aims for efficient use of the L1 by leveraging Kaspa's high-throughput BlockDAG for sequencing and data availability, minimizing the computational burden on the L2 and focusing solely on execution.<sup>13</sup>

Kaspa's L1/L2 strategy represents a sophisticated "thermodynamic" design choice. The Layer-1 prioritizes speed, decentralization, and security through its GHOSTDAG and kHeavyHash innovations. This is its core "thermodynamic engine" optimization. However, this L1 design (UTXO-based) inherently limits native programmability. Instead of compromising L1 for smart contracts, which would introduce new "frictions" or "irreversibilities" to its core PoW engine, Kaspa offloads this complexity to specialized Layer-2 solutions. L2s like Sparkle (zk-proofs) and Kasplex (based rollups) leverage the high throughput and security of the L1 while providing EVM compatibility and advanced features. This modular approach aims to achieve overall system efficiency and scalability by distributing the "thermodynamic burden" across layers, rather than trying to make a single layer do everything, which often leads to trade-offs and inefficiencies. This approach can be seen as a response to the scalability trilemma's thermodynamic constraints.

### 5.5. Kaspa's Strategic Positioning in the PoW Ecosystem: The "Digital Silver" and E-Cash Vision

Kaspa's unique technological advancements and predictable supply schedule position it strategically within the broader Proof-of-Work ecosystem. Its relentless focus on speed, scalability, and efficiency aims to fulfill Satoshi Nakamoto's original vision of a peer-to-peer electronic cash system (e-cash). While Bitcoin has largely evolved into a "digital gold" or store of value, Kaspa aims to be a fast, spendable currency suitable for daily use, positioning itself as a potential "digital silver".

This e-cash vision is supported by Kaspa's architectural choices, which minimize latency in transaction processing and allow peripheral nodes controlling only a small portion of the hash rate to mine blocks very frequently and asynchronously. This design is crucial for minimizing threats from frontrunning and Miner Extractable Value (MEV), which can exploit transaction ordering for profit in less efficient systems. By optimizing for low latency and high throughput, Kaspa seeks to create a more equitable and efficient transaction environment.

Innovation	Description	Impact on PoW System (Thermodynamic/Economic)
GHOSTDAG Protocol (BlockDAG)	Allows parallel block creation and integration into a Directed Acyclic Graph, eliminating orphaned blocks.	Thermodynamic Optimization: Significantly reduces "competitive waste" (entropy generation) by ensuring all valid computational effort contributes to network security. Increases "work output" (throughput) per unit of "heat input" by maximizing resource utilization.
kHeavyHash Algorithm	Core-dominant and energy-efficient PoW algorithm, accessible for GPU mining, supports future	Energy Efficiency: Maximizes hash performance per watt, reducing the energy cost of individual computations.  Lowers "fuel consumption" for

	optical mining.	the "engine" while maintaining high "power output."
"Chromatic Phase" Monetary Policy	Smooth, geometrically decreasing block rewards (monthly reductions) instead of abrupt halvings.	Economic Stability & Decentralization: Provides predictable "heat input" (new supply), potentially dampening speculative "temperature" swings. Aims to mitigate ASIC dominance by front-loading emission, distributing "energy" more broadly.
Fair Launch (No Pre-mine/Pre-allocation)	Coins distributed from day one through mining, no initial centralized allocation.	Decentralization & Trust: Fosters a more equitable distribution of "capital" and "ownership," reducing "frictions" from perceived unfairness and enhancing the "teleodynamic layer" of trust.
Layer-2 Solutions (Sparkle, Kasplex L2)	Enable smart contracts and advanced functionality (e.g., zk-proofs, EVM compatibility) off-chain.	Scalability & Programmability: Offloads complex "work" from the core L1 "engine," allowing the L1 to remain lean and efficient for payments. Addresses the scalability trilemma by distributing "thermodynamic burden" across layers, enhancing overall system "work output."

#### 6. Conclusions and Future Implications

#### 6.1. Synthesis of the Analogy's Utility and Limitations

The application of the Carnot engine analogy to Proof-of-Work (PoW) cryptocurrency cycles provides a valuable structured framework for understanding the complex interplay of energy flows, value transformations, and cyclical patterns within these decentralized systems. It effectively visualizes "heat" as the injection of capital, speculative fervor, and computational energy, while "work" represents the tangible outputs of network security, transaction validation, and asset appreciation. "Temperature" serves as a useful metaphor for market sentiment and miner profitability, reflecting the overall "energy state" of the market. This framework helps to analyze how physical constraints (thermodynamics) underpin emergent market behaviors (morphodynamics) and ultimately contribute to the establishment of symbolic value and trust (teleodynamics).

However, it is crucial to acknowledge that while conceptually powerful, the analogy is not a perfect fit. Real-world PoW systems inherently deviate from the idealized, perfectly reversible processes of a Carnot engine. The most notable divergences occur in the "adiabatic" stages, where the market's "temperature" (sentiment/profitability) does not behave as predicted by classical thermodynamics.<sup>1</sup> For instance, in the "Growth" phase, market sentiment rises rather than falls, and in the "Crash" phase, it plummets rather than increases. These deviations highlight the unique characteristics of decentralized digital economies, where human psychology, speculative "friction," and external macroeconomic factors introduce significant irreversibilities and dissipative processes not accounted for in an ideal thermodynamic model.<sup>1</sup> The primary divergences in "temperature" behavior in the Growth and Crash phases are directly linked to market sentiment (greed, fear, speculation). Carnot cycles assume perfect reversibility and ideal gases, where state changes are predictable based on physical laws. PoW markets, while underpinned by physical energy, are driven by human collective behavior, which is inherently non-linear, irrational, and irreversible in a thermodynamic sense. Speculative "heat" (FOMO) and panic-driven "cooling" (capitulation) are not perfectly reversible processes; they involve "frictions" like transaction costs, liquidations, and emotional biases that dissipate value and energy in ways an ideal gas cannot. This implies that human

psychology acts as a significant "irreversibility" or "friction" within the PoW "engine," preventing it from achieving anything close to theoretical Carnot efficiency in its market cycles. The analogy serves best as a conceptual lens for understanding energy transformations and cyclical forces, rather than a precise predictive model.<sup>1</sup>

#### 6.2. Implications for Market Understanding and Investment

The analysis reinforces that the cyclical nature of PoW cryptocurrency markets, particularly Bitcoin's, remains a dominant feature, driven by both programmed events like halvings and the inherent patterns of human psychology. However, the influence of external factors, such as the approval of spot Bitcoin ETFs and evolving regulatory environments, is demonstrably altering these dynamics. These external forces can front-run traditional patterns, introduce new sources of capital, and potentially lead to milder market corrections than historically observed, indicating a maturing market. Institutional adoption, particularly through ETFs, represents a significant shift in the nature of the "hot reservoir," making it less purely speculative and more integrated with traditional finance, potentially moderating future market cycles.

For market participants, understanding the "thermodynamic" drivers of these cycles is paramount.¹ Recognizing the fundamental energy costs associated with PoW, the continuous innovation in energy-efficient mining hardware (ASICs), and the impact of these hardware cycles on network health is crucial.¹ Similarly, monitoring the "market temperature" through sentiment indicators and on-chain metrics like HODL waves can inform investment strategies.¹ Recognizing accumulation phases (low volatility, transfer to long-term holders) as periods of "isothermal expansion" and distribution phases (high volatility, transfer to new speculators) as periods of "isothermal compression" can guide decisions regarding entry and exit points.¹ The "efficiency" of a PoW system is multifaceted, encompassing energy, economic, and security aspects, all of which are subject to different forms of "entropy generation" or "waste" that investors must account for.¹

Kaspa presents a compelling case study within this framework due to its innovative BlockDAG architecture and rapid transaction capabilities. Its ability to process blocks in parallel and achieve near-instant confirmations addresses a key "inefficiency" (scalability bottlenecks) present in traditional linear blockchains like Bitcoin. The fair

launch and community-driven development further contribute to its decentralized "thermodynamic" properties. Kaspa's smoothed emission schedule, unlike Bitcoin's abrupt halvings, represents a deliberate design choice to manage the "thermodynamic" flow of new supply into the market, aiming for greater predictability and potentially less speculative "heat." This also attempts to level the playing field for miners by front-loading emission, impacting the long-term "energy gradient" for ASIC investment and promoting decentralization. Investors interested in high-throughput, low-latency PoW systems may find Kaspa's unique emission schedule and technological advancements particularly noteworthy, as they aim to create a more efficient and responsive digital currency for everyday use.

#### 6.3. The Evolving Energy Footprint and Future of PoW

The inherent energy consumption of Proof-of-Work is not a mere side effect but a fundamental cost of maintaining network security and decentralization.¹ It is the "fuel" that drives the PoW "engine" and underpins its trustless nature.¹ The continuous development and deployment of more energy-efficient mining hardware, such as advanced ASICs, represent an ongoing effort to optimize this "engine," aiming to achieve higher computational output for less energy input.¹ This technological progression is a critical factor in the long-term sustainability and competitiveness of PoW networks.

The emergence and increasing adoption of alternative consensus mechanisms, most notably Proof-of-Stake (PoS), highlight the ongoing evolution within the cryptocurrency space.¹ Ethereum's transition from PoW to PoS, for example, was largely driven by a desire to reduce its environmental footprint and improve scalability, demonstrating that PoS networks can operate with substantially lower resource consumption.¹ This development underscores a broader industry debate and a trend towards greater "thermodynamic efficiency" in decentralized systems. While PoW continues to secure major cryptocurrencies like Bitcoin, the increasing scrutiny of its environmental impact suggests that future innovations in consensus mechanisms will continue to prioritize energy efficiency as a critical design consideration, shaping the long-term viability and public perception of decentralized technologies.¹

Kaspa's kHeavyHash algorithm and its BlockDAG architecture, which avoids orphaned

blocks, represent an effort to make PoW more efficient by minimizing wasted computational effort, offering a different approach to optimizing the energy footprint within the PoW paradigm. The combination of kHeavyHash and GHOSTDAG signifies a more comprehensive strategy for "thermodynamic optimization" of a PoW system. It is not just about making individual "engine strokes" more efficient, but also about designing the "engine's cycle" (block production and integration) to be inherently less wasteful. This positions Kaspa as a leader in evolving PoW to address its perceived energy inefficiencies in a more holistic manner, differentiating it from simply relying on hardware advancements. The future of PoW will likely involve continued innovation in both hardware and protocol design to maximize security and utility while minimizing the thermodynamic costs.

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